



SAFESPORT ABUSE PREVENTION TRAINING

Help Guide for ADULT ATHLETES



Athletes that are 18 or will turn 18 during a current playing season and play on team with minor athletes must take SafeSport Core Abuse Prevention training. *Players who are currently 17 years old may take the training with parental consent.*

- **SafeSport** is a yearly requirement; the first course is Core training (1.5 hours).
- Adult Athletes that continue to participate and will again be on a team with minor athletes, must complete a refresher course (20 minutes) beginning the year after completing the SafeSport Trained Core training or prior to returning to play (SafeSport training must not expire while playing on a team with minor athletes).

NEW USERS, to create your SafeSport account. If you are 17 you must have parental consent.

- 1. Contact your organization’s Risk Manager or Registrar for the U.S. Soccer enrollment key that is needed to take the training for free.**
2. Click on the enrollment key.
3. Complete the popup sign up form.
4. Agree to the terms and conditions.
5. Click on the “My Courses” button.
 1. Click on the “Catalog” button to see all available courses.
6. You will take the SafeSport Trained 90-minute course.
 1. **SafeSport** may send an email to verify the account; if so, click on it and follow the directions to log back into your SafeSport account and begin the training as noted above.
 - a. **Download your certificate of completion and send it to your participating organization’s registrar or coach.**

Returning Users

1. Go to Safesporttrained.org
2. Log into your SafeSport account. 
3. Click on my courses; or
4. Use the menu at the top right of page and click on the catalog button to show all available courses. 

For assistance with any SafeSport account contact the SafeSport help desk at: <https://safesport.atlassian.net/servicedesk/customer/portal/4> or [CLICK HERE](#) or call 1-720-676-6417.