



SAFESPORT ABUSE PREVENTION TRAINING

Help Guide for ADULT ATHLETES

Athletes that are 18 or will turn 18 during a current playing season and play on team with minor athletes must take SafeSport Core Abuse Prevention training. *Players who are currently 17 years old may take the training with parental consent.*

- **SafeSport** is a yearly requirement; the first course is Core training (1.5 hours).
- Adult Athletes that continue to participate and will again be on a team with minor athletes, must complete a refresher course (20 minutes) beginning the year after completing the SafeSport Trained Core training or prior to returning to play (SafeSport training must not expire while playing on a team with minor athletes).

RETURNING USERS, read step 4 a then click on the link in # 3.

NEW USERS, to create your SafeSport account. If you are 17 you must have parental consent.

1. **Copy this Access Code:** YC3E-6P5G-YYIL-CS2M
2. **Go to [SafeSport](#)**
3. **NEW USERS:** In the pop-up window (Add Membership – **U.S. Soccer**), paste that access code into the "Access Code" field, then click "Save".

4 a - NOTE FOR RETURNING USERS: If you have a SafeSport account, click the "Cancel" button. In the next window, click the "Sign in" link at the top-right side of the page.



Once signed in, you are presented with your completed and available training. You can also update your email address along with other account information.

4. Add all required information to create your account and save it.
5. **SafeSport will send an email to verify the account;** log back into your SafeSport account and begin the training.
 - a. **Download your certificate of completion and send it along with parental consent if applicable, to your participating organizations registrar or coach.**

For SafeSport Technical support: Issues with online training access, please contact the Online Training Help Desk at **(720) 676-6417**.