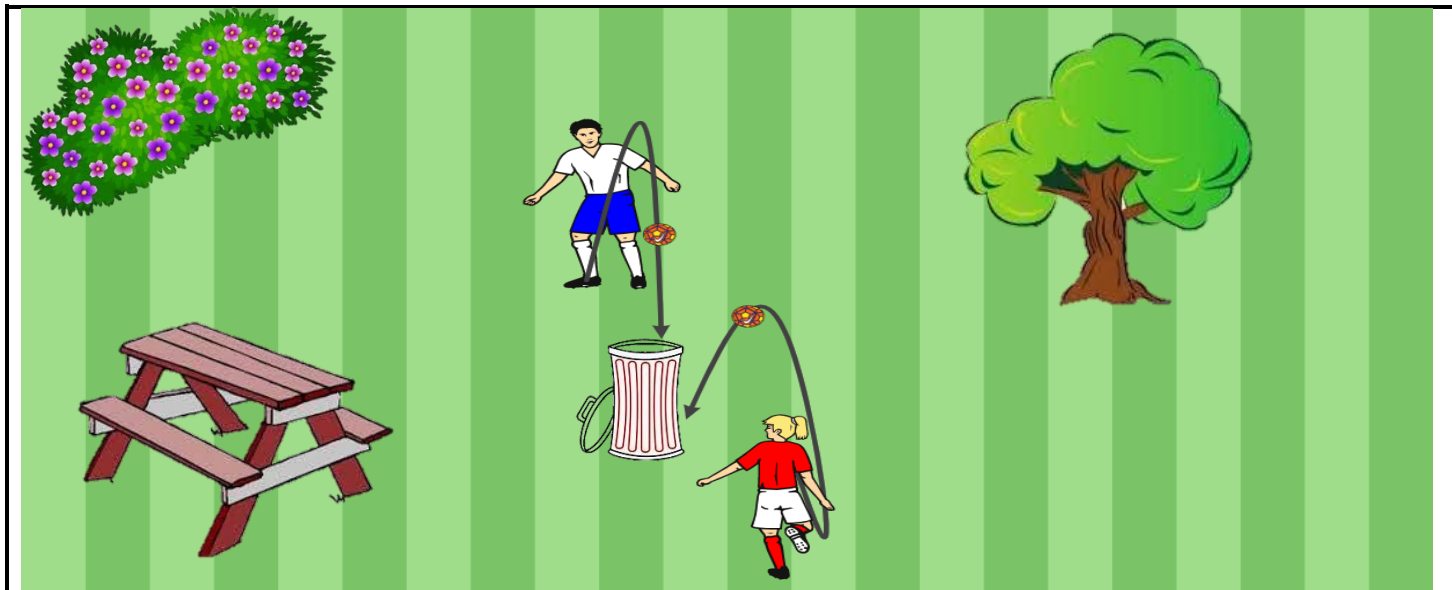




**SKILL ACQUISITION: Passing:** Surface of the foot and ball, Pace and accuracy

## Soccer Ball to Bin



**Number of Players:** 2-4 – kids, parents, grandparents (whomever is available)

**Equipment:** Up to 20 yards open space, 1 open garbage can (suggest using a liner inside the can for sanitary purposes) & a soccer ball for each player

**Organization:** Set the garbage can in an open area. Each player starts with a soccer ball and no closer than 2 steps from the can; can be further.

**Object of the Game:** Both players are playing at the same time. Each player bounces their soccer ball once then tries to kick it into the can before it bounces a second time. If you miss the can, go to your ball and try again. If it goes into the can, you get 1 point. Remove your ball and continue playing. (be careful not to kick your ball if your opponent is retrieving their ball from the can)

**Scoring:** 1 point each time you play the ball into the can  
First player to 10 points wins the round (number can be adjusted if all players agree. For example play to 20 instead of 10.) After 1 player get to 10, start another game.

**Variations** (select as many variations as necessary):

- If you miss, try to play the ball off the bounce. You can use multiple juggle touches or bounces if needed.
- Rotate feet. If you score with your right foot, the next point must be with your left foot.
- Use only 1 ball and if your opponent misses, you continue playing off the bounce.