

How to Create an Account in CDC TRAIN for the HEADS UP course

1. Use your preferred internet browser and go to <https://www.train.org/cdctrain/>.
2. If you already have a TRAIN account (TRAIN National, or a state TRAIN account), enter your login name and then your password and select **Login**. If you do not have a CDC TRAIN account, click the **Create an Account** link.

Login Name
|
Password
[Forgot Your Login Name / Password?](#)
Login
 Keep me logged in
[Create an Account](#)

Through this site you can:

- Find training and locate CDC courses with continuing education (CE)
- Track your learning via a single transcript

Welcome to CDC TRAIN
CDC TRAIN is a gateway into the [TRAIN Learning Network](#), the most comprehensive catalog of public health training opportunities. TRAIN is a free service for learners from the Public Health Foundation.

CDC TRAIN provides access to more than 1,000 courses developed by the Centers for Disease Control and Prevention (CDC) programs, grantees, and other funded partners. Courses offered by CDC course providers have been approved and verified by CDC.

First time to TRAIN? Select "Create Account" on the left menu to register for TRAIN. You only need one TRAIN account to access multiple TRAIN sites. Be sure to opt-in to emails so that you receive important messages.

Learn how to use TRAIN
Learn more about CDC TRAIN
Find courses that offer continuing education (CE)
Become a CDC TRAIN Course Provider

3. Account Creation

- Create your login name and password:
 - Login must be unique (with letters and numbers only), and a minimum of four characters.
 - Password must contain at least six characters with at least one capital letter and one number.
 - Enter your preferred email address.
 - Enter your first and last name.
 - Select your time zone.
 - Enter your preferred zip/postal code.
 - You must agree to all of CDC TRAIN policies. It is recommended that you read through the policies. Please note that you cannot use CDC TRAIN until you agree to the policies.
 - After agreeing, select the **Next Step** button.
4. You will be prompted to select a more detailed group selection for CDC TRAIN. From the menu, select **Other** and then **Other Public Health Interests**.

5. You will be asked to confirm your selection. Select the green button to confirm.

CDC TRAIN

CDC TRAIN requires more detailed group selection.
Please refine your selections below

Location / CDC / [Academia & Research](#)

(Click any level to return to it)

Please review the group selections above for accuracy
and make changes as necessary.

✓ Confirm these selections

Continue

Back

6. Massachusetts is a TRAIN state:
- You will be asked to select a region. To see a map of the regions, click the blue circle with a white question mark and a link will appear for a map. The map will open in a new tab.
 - Locate your region and then close the map tab.
 - Click on your region and then select your city (or nearest city).
 - Select the green confirm button.
7. Select the blue **Finish Creating Account** button.

CDC TRAIN

National/Maryland ✕

⌵ Not a Government Employee in Maryland

Back

Finish Creating Account

8. *The system will automatically log you in.* Please use the **Your Profile** link either in notifications or in the top right corner (click on your name) to complete any required account information. You can search CDC TRAIN for courses without all required information, but in order to register and take a course you will need to complete your profile.

Classic TRAIN Administrator

CDC TRAIN

HOME



COURSE CATALOG

Your Profile

Log Out, ADMINISTRATOR

What do you think of the new site? Your opinion is important to us! ✕



9. Areas of your profile that need to be updated will have a red exclamation mark next to it. Select the exclamation mark to update each field.
 - a. For the Organization section:
 - i. Organization Name: please enter your coaching or sports organization name
 - ii. Department or Division: please enter N/A
 - iii. Title: please enter Coach, Assistant Coach, etc.
 - b. For Professional Role and Work Setting, if none of the categories apply to you, please select **Other** and indicate Youth Sport Coach/Parent, School Official, etc.
10. Once you have completed each field, you will need to save the entry by selecting the **Save** button on the top right corner of the page. Continue this action until all fields have been updated.
11. Select **Save** and your account is now set up! You can close this section and register for your course.

Cancel  Save 



Your Profile Is incomplete


Your profile contains all your system settings and attributes. Please note that some fields are required, until you complete all required settings some site functionality may be limited. For your convenience each section in the profile will indicate if it is incomplete.

Manage Groups

- Account
- Contact
- Address 
- Organization 

Manage Groups




  National/CDC/Health Educators & Learning Professionals

 Join Another Group

Registering for a HEADS UP to Youth Sports Course:

1. Select the appropriate link below to go to the course you need to take for HEADS UP:
 - a. Coaches version: <https://www.train.org/cdctrain/course/1089818/>
 - b. Parents version: <https://www.train.org/cdctrain/course/1089862/>
 - c. Sports Officials and Athletic Trainers version: <https://www.train.org/cdctrain/course/1089861/>
 - d. All others: <https://www.train.org/cdctrain/course/1089855/>
2. The course details will load for the course. Please read carefully for any instructions.
3. To register, select the green **Pre-Assessment** tab.

HEADS UP to Youth Sports: Online Training for Coaches

 Back  Pre-Assessment  Save For Later

Web-Based Training - Self-Study ID 1089818 Skill Level: Introductory

0.45h

☆☆☆☆☆

CDC HEADS UP Coaches: Changing the Culture of Concussion Starts with You! By taking this free online course and using what you learn, you will be well

4. The pretest will load in a new tab. Please select the **Start Assessment** button.
5. When you have completed the pre-assessment, please exit the tab. CDC TRAIN will still be open in another tab. Please select the **Launch** course button to begin the course.
6. If you need to leave the course prior to completing it, TRAIN will hold you in progress. You can return to the course by logging back into CDC TRAIN and selecting **Your Learning** on the home page. Click on the course link and then the **Launch** button to re-launch the course.
7. Once you have completed the course, select the course exit button to close the course.
8. CDC TRAIN will still be open in the browser. Please select the **Assessment Pending** button to begin the post assessment.
9. Once you have completed the post assessment, close the tab to return to CDC TRAIN. If you passed the post assessment with 80 points or higher (note – only the first 10 questions are graded at 10 points each), a certificate will be placed in your certificates in CDC TRAIN (**Your Learning/Your Certificates**).
10. Download your certificate of completion and save to your computer.
11. If you fail, you may retake the post-assessment.