# Goal

**Improve Creating Passing options forward to score more goals**

**Key Qualities**

Take initiative, Read the game

## Age Group

8-U

### Team Tactical Principles

**Pass forward, Spread Out, Create chances**

### Objective

Players are playing the game. To pass forward past opponents and score goals.

### Organization

Make 2-3 15W x 20L fields w/a goal at each end. As players arrive to training start with 2v1, 3v2, up to 4v4 games.

### Time

4 games of 2 mins, 30 sec rest, activity duration is 10 min.

### Rules

Begin games w/a kick off. Ball out of bounds, play the ball onto the field with a pass. Allow free play.

## Key Words

Get forward, get to an opening, go help score goals

## Guided Questions

When are players enjoying the game? How can you tell passes are "successful"?

## Answers

The players are smiling and trying new things. Passes are considered successful (good technique) when they reach the intended target, a teammate. Passes are not just a "kick" forward.

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## Practice - Core Activity

### Less Challenging Activity

**Organization:** 20Wx25L field w/Target players on the endlines. Play "numbers up", 2v1 & 3v1, coach starts as defender.

**Rules:** Ball starts w/the 2 players. Score by passing the ball to a target player on the opposite endline from where the 2 players start. Rotate the attacking players after a score.

**Activity Duration:** 21 min

**Time Active:** 2 min

**Active Rest:** 1 min

### Objective

Players pass and move to get forward, past defenders into the attacking half to score.

### Organization

20Wx25L w/a midfield line & 2 cone goals on each endline. 2 teams of 4 players. Start w/3 players from the same team in each defending half, 4th player in the attacking half. (see diagram)

### Rules

Coach plays the ball to the 3 players in one half. Those 3 players try to pass & play w/their teammate in the attacking half to score. The 3 attackers can pass to a teammate or dribble into the attacking half. Bonus pts for goals scored using 2+ teammates. Play for 2 min or a goal, then reset & restart.

### Key Words

Move into space, find an opening (between defenders) to pass to a teammate, go help (to score goals), keep the ball

### Guided Questions

Where should a player without the ball go to help their teammate with the ball? When is the activity working?

### Answers

Show players who don't have the ball where on the field they can go, find an opening, away from defenders (on the sides, between them, ahead closer to the goal). It's working when players are making passes that reach their teammates that "keep the ball" (possess) to score.

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## Play - Let Them Play

### Objective

Team with the ball tries to pass and dribble by opponents to score goals.

### Organization

Use a 25W x 35L field with a small goal at each end. Play 4v4.

### Time

The game time is 30 min of total duration. Two halves (intervals) of 12 min (time active), each interval has 3 min of active rest (total 6 min for halftime).

### Rules

All modified 4v4 rules apply.

### Key Words

Run to an opening space, keep the ball & go forward, go help, go score

### Guided Questions

Why should players pass? What can you do to improve the flow of the game?

### Answers

To move the ball quickly past the opposing players, through an opening, up the field to the goal. Give minimal instruction, encourage players to keep the ball in play on the field.