GOAL: Improve the techniques of dribbling forward to score goals

Key Qualities: Focus, Read the game

**Team Tactical Principles**: Dribble forward, score goals

<table>
<thead>
<tr>
<th>Age Group</th>
<th>8-U</th>
</tr>
</thead>
</table>

**Objective:** Players try to dribble forward past opponents to score goals.

**Organization:** On a 25W x 35L field w/ a small goal at each end. Play 4v4.

**Time:** Play a 30 min game. Two 12 min halves with 3 min of rest after each half.

**Rules:** All modified 4v4 rules apply.

---

**Key Words:** Shield the ball, keep it close, try a move, find the opening to score.

**Guided Questions:** How do you know players understood your instructions? How do you know that they have improved?

**Answers:** Players can demonstrate or "show you" their moves or fakes (change of direction & speed) to get around and past the defender. When players have repeatedly demonstrated successful dribbling & running with the ball past defenders to score.