### Up to 3v3 Games

**Organization:** Set up two 15Wx20L fields with a small goal at each end. When practice is scheduled to start & as soon as 2 players arrive, start playing a game. The game will start as 1v1. When the next player arrives, the game is 2v1 then 2v2 up to 3v3. After 1 field is at 3v3, start a second game on the field next to it. (Play for 8 min - 4 intervals of 90 sec with 30 sec rest between intervals).  

**Rules:** The ball is given to the first player with his/her pinny on to start the game. Local rules apply.

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### Guardians of the Galaxy:

**Organization:** In a 15Wx20L grid, with several 3 yard triangular shaped Galaxies, all players with a soccer ball. In 90 seconds, challenge the players to get into & out of as many Galaxies as the can. The rest of the players dribble their soccer ball and are space fighters who are safe if they can land on a ship. (Play for 8 min - 4 intervals of 90 sec with 30 sec rest between intervals).  

**Guided Questions:** Find your way through the galaxies. Go explore the galaxy. Can the players use their laces to dribble the ball? Where should your body be when dribbling it off the grid? If the ball starts to get too far in front of you, stop it and try to run slightly ahead of the rolling ball before trying to put your foot on top to stop it. If the ball starts to get too far in front of you, stop it and start to dribble again.

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### Monsters Inc:

**Organization:** In a 15Wx20L grid, with several 3 yard triangles (closets to hide in). Select 2 players to be it. They dribble their soccer ball and try to hide from Boo in the closets. Boo is trying to steal their ball and hide it by dribbling it off the grid. (Play for 8 min - 4 intervals of 90 sec with 30 sec rest between intervals).  

**Guided Questions:** Where would you have the players start? Can the players use their laces to dribble the ball? Turn the ball away from boo or put your body in the way.  

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### Up to 4v4 Games

**Organization:** Team with the ball attempts to dribble past opponents and score.  

**Guided Questions:** Where should your body be when trying to stop the ball? Besides in the closets, when is another time you would try to stop the ball?  

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### Key Words:

- Move the ball forward, Turn when close to sidelines or end lines.
- Turn the ball away from boo or put your body in the way.
- Try to identify when the players are dribbling, stopping, turning or shooting.
- Have the players show you what they have learned.

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### Key Qualities

- Improve the techniques of dribbling & striking the ball to score
- Focus, Take initiative

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### Team Tactical Principles

- Shoot & Pass or Dribble Forward

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### Answers:

- The action in each game should replicate something that would happen in a game.
- The game may become confusing to the players. Limit instruction to 1-2 points or challenges.

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### Age Group

- 6-U

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### MASSACHUSETTS YOUTH SOCCER

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### Key Questions

- What actions are you looking for from the players?  
- How can you tell if the players have understood your technical demonstration?  
- Try to identify when the players are dribbling, stopping, turning or shooting. Have the players show you what they have learned.