## GOAL

**Improve the techniques of shooting-striking the ball**

**Key Qualities**

- Take initiative, Focus

### Age Group 6-U

**Team Tactical Principles**

- **Shoot & Pass or Dribble Forward**

### PLAY SMALL SIDED GAMES

#### Up to 3v3 Games

- **Goal:** The Cats in the Hat vs Things 1 & 2: Tiggers vs Rabbits (Winnie the Pooh): Good Minions vs Evil Minions:
  - **Guided Question:** Change direction.
  - **Key Words:** Use softer touches when you want to stop the ball or to can get the ball further away from their body.

#### Organization

- Set up two 15Wx20L fields with a small goal at each end. When practice is scheduled to start & as soon as 2 players arrive, start playing a game. The game will start as 1v1. When the next player arrives; the game is 2v1 then 2v2 up to 3v3. After 1 field is at 3v3, start a second game on the field next to it. (Play one 8 min game or multiple 2-3 minute games)

#### Rules

- The ball is given to the first player with his/her pinny on to start the game. Local rules apply.

#### Up to 4v4 Games

- **Goal:** Team with the ball attempts to dribble past opponents and score.

#### Organization

- In a 20Wx30L field and a small goal on each end line, play a 4v4 game. (Play for 24 min - 2 intervals of 10 min with 2 min rest between intervals)

#### Rules

- Game starts with the coach rolling a ball onto the field. If the ball leaves the field, the coach will roll another ball into play. No goal keepers allowed. Local game laws apply.

### PLAY - LET THEM PLAY

#### Key Words

- **Shoot, Score**

#### Guided Question

- How do you determine the success of your session?

#### Answers

- How can you get the players to shoot with different surfaces of the foot?