

2023 DISTRICTS PLAYER AGE GROUPS (BOYS & GIRLS)

All players must try out and play for their Age Group.

These are the US Soccer/USYS Age Groups from the 2022/23 soccer year.

Age Group	Born In
11U	2012
12U	2011
13U	2010
14U	2009
15/16U	2008, 2007
17/18/19U	2006, 2005, 2004

The age group “label” will be determined by subtracting the year in which the players participating in the competition were born from the year in which competition ends.

Note: 10U players (Born in 2013) will be permitted to tryout and play with 11U only if there are not enough 11U players to complete a team. These players will be waitlisted pending notification from the coach. 10U players who are placed on a team will be required to tryout for the 11U team the following year if they plan to play again.