**GOAL**: Improve the team/player in scoring goals from wide areas

**Key Qualities**: Read the game, Be pro-active, Focus

**Age Group**: 12-U

**Team Tactical Principles**: Shoot, Pass/Dribble forward, Create passing options. Create a 2v1 or 1v1

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**Objective**: To out-score the opponents, get players playing early as they arrive.

**Organization**: Set up two or more 20Wx30L fields with a goal at each end. As the players arrive, play 1v1, 2v1, 2v3, up to 4v4.

**Time**: 4 games of 2 minutes with a 30 second rest for a total of 10 minutes.

**Rules**: Out of bounds: Pass or dribble the ball in.

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**Key Words**: Go to goal, Cross the ball away from the keeper, Time the run and finish.

**Guided Questions**: - What can you do to find out the players mind set for the practice? - When is a good time to introduce the training topic to the players?

**Answer**: Ask the players how was their day and how they are feeling today. Tell them the topic between one of the intervals.

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**Objective**: Possess the ball to unbalance and disorganize the opponent in order to create chances from the flank and score goals.

**Organization**: - Make two equal teams with the players in practice, play in a 50Wx75L field with goals.

**Time**: 2 halves of 13 minutes, 2 minutes rest for a total of 30 minutes.

**Rules**: All FIFA Rules Apply.

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**Key Words**: Go to goal, Get wider in the flanks, Cross to either the near post, far post or the top of the 6 yard line. Time your run and finish.

**Guided Question**: - What makes you think that the flank players will create scoring opportunities in a game?

**Answer**: During the session the flank players got wide, they took advantage of space, 1v1’s and 2v1, and cross the ball into dangerous areas to create scoring chances.

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**Objective**: Possess the ball to unbalance and disorganize the opponent in order to create chances from the flank and score goals.

**Organization**: - Play 6v6. - in a 50Wx45L field with two regular goals. - Substitute the players every two intervals.

**Rules**: All FIFA Laws apply.

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**Key Words**: Go to goal, Cross the ball away from the keeper, Time the run and finish.

**Guided Questions**: - What can you do to find out the players mind set for the practice? - When is a good time to introduce the training topic to the players?

**Answer**: Ask the players how was their day and how they are feeling today. Tell them the topic between one of the intervals.

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**Objective**: Possess the ball to unbalance and disorganize the opponent in order to create chances from the flank and score goals.

**Organization**: - Play 3v3 in a 20Wx30L including the GK with a cone goal in one end and two small cone goals at other end.

**Scoring**: Scoring from a cross is 10 points, any other goal is 1 point.

**Rules**: Pass or dribble in.

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**Objective**: To out-score the opponents, get players playing early as they arrive.

**Organization**: - Play 6v6. - in a 50Wx45L field with two regular goals. - Substitute the players every two intervals.

**Scoring**: Scoring from a cross is 10 points, any other goal is 1 point.

**Rules**: All FIFA Rules Apply.