**GOAL**
Building up on own half in order to create scoring chances 2

**Key Qualities**
Make Decision, Be proactive, Focus

**Age Group**
10-U

**Team Tactical Principles**
Pass or Dribble Forward, Create options and Switch the point of attack

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**PLAY - SMALL SIDED GAMES**

**Objective:**
To get players playing as they arrive and to get the ball forward and score goals.

**Organization:**
Set up two or more 20Wx30L fields with a goal at each end. As the players arrive, play 1v1, 2v1, 2v3, up to 3v3 or 4v4.

**Time:** 3 games of 2.5 minutes and 30 second rest for a total of 9 minutes.

**Rules:** Out of bounds - Pass or dribble in.

**Key Words:**
Go to goal, Move forward, behind and to the sides of the ball, Be available to receive a pass

**Guided Questions:**
- What are the players attitudes like upon arrival?
- When should you dribble forward?

**Answer:**
They are eager to start playing. Dribble forward when you have space in front of you with no defenders or only one defender.

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**PRACTICE - CORE ACTIVITY**

**Objective:**
To unbalance and disorganize the opponent creating or finding an opening to pass and dribble forward to create scoring opportunities.

**Organization:**
- Play 5v4 + Target in a 40Wx35L with a regular goal and a 3 yard end zone. Sub the players in at the end of each interval.

**Scoring:**
Blue by passing to the target player or dribbling into the zone, Red scores in the regular goal.

**Rules:**
All FIFA Rules Apply. After a goal Blue has a goal kick, Red passes the ball in from the end line. Build up line in effect.

**Key Words:**
Penetrate, Circulate the ball to move the opponent, Get forward, behind and to the sides of the ball, Be available to receive the pass.

**Guided Questions:**
- Where do players move to be available to receive a forward pass?
- If you can't pass forward where do you pass to keep possession?

**Answers:**
Players place themselves ahead of the ball between defenders.
Pass backwards or to the sides to draw the defenders and create an opening.

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**PLAY - LET THEM PLAY**

**Objective:**
To unbalance and disorganize the opponent in order to pass and dribble forward.

**Organization:**
- In a 40Wx60L field with regular goals make two teams with players at practice.

**Time:** 2 halves of 13 minutes, 2 minutes rest for a total of 30 minutes

**Rules:**
All FIFA Rules Apply

**Key Words:**
Penetrate, Circulate the ball to move the opponent, Get forward, behind and to the sides of the ball, Be available to receive the pass.

**Guided Question**
- How can you tell if the training is successful?

**Answer:**
Players circulate the ball to find or create openings to pass and dribble forward to create chances.