## GOAL
Building up on own half in order to create scoring chances 1

### Key Qualities
- Read the Game
- Be Proactive
- Focus

### Age Group
- **10-U**

### Team Tactical Principles
- Pass/Dribble Forward
- Spread out
- Create options
- Support the attack

### OBJECTIVE
To unbalance and disorganize the opponent to create/find openings to pass and dribble forward and create scoring chances.

### Organization
- Play 5v2 + 2 End Zone Guards in a 40Wx35L field with a regular goal and three counter goals.
- Change the blue and red players every interval.

### Scoring
- Blue in the counter goals, Red in the regular goal.

### Rules
- All FIFA Rules Apply. After a goal Blue gets a goal kick, Red passes the ball in from their end line. Build up line is in effect.

### Guided Questions
- What are the indicators that the players are being successful?
- Why should they move the ball backwards and sideways?

### Answers
- The players are keeping possession for longer periods. Because these passes will move the defenders finding or creating an opening to pass or dribble forward.

## PLAY - SMALL SIDED GAMES

### Key Words
- Attack the goal
- Get on the move (Behind, sides and in front)
- Be available to receive a pass

### Guided Questions
- What tells you the players are having fun in the game?
- When do you pass backwards instead of forward?

### Answer
- The players are calling for the ball, laughing, running, engaged playing the game. When several defenders are in front of you.

## PRACTICE - CORE ACTIVITY

### Objective
To unbalance and disorganize the opponent to pass and dribble forward and create scoring chances.

### Organization
- Play 5v5 in a 40Wx35L field with two regular goals.
- Sub players as in the core activity

### Rules
- All FIFA Laws apply.

### Key Words
- Penetrate
- Move the ball to move the opponent
- Provide assistance (Behind, Forward and to the Sides of the ball)

### Guided Questions
- What are the indicators that the players are being successful?
- Why should they move the ball backwards and sideways?

### Answers
- The players are keeping possession for longer periods. Because these passes will move the defenders finding or creating an opening to pass or dribble forward.

## PLAY - LET THEM PLAY

### Key Words
- Penetrate
- Move the ball to move the opponent
- Provide assistance (Behind, Forward and to the Sides of the ball)
- Be available to receive a pass

### Guided Question
- What did the players learn from the main activity?

### Answer
- When to pass forward, backwards or sideways in order to keep possession and create or find an opening to pass or dribble forward.